

2022

REVIEW & THE ROAD AHEAD



"Disabled children are equally
entitled to an exciting and brilliant
future."

NELSON MANDELA



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HOLISTIC CARE

DIE STEREWEG DAY CARE & THERAPY CENTRE

- A daily programme of stimulating activities - art, creative crafts, music, dance, fine and gross motor skills development
- Weekly themes following the government curriculum - my home, farm animals, the weather
- Learning of basic concepts - numbers, shapes, cutting, colouring
- Functional skills - money, baking and meal preparation, self-care
- Outpatient Therapy Clinics - all children on the waiting list for the centre, early intervention, school children needing therapeutic input for learning
- Weekly Hippotherapy (Horse Riding Therapy)
- Hydrotherapy (Therapy in water)



INCLUSION

MAINSTREAM EDUCATION

- The Sabrina Love Foundation remains at the forefront of inclusive education in the Western Cape
 - We partner and supporting local schools and creches to keep children at home with their families and included in their communities
 - Our children in mainstream schools may have mild cognitive disabilities and we include ALL children with physical disabilities regardless of their movement challenges
 - We give therapeutic support, address curriculum differentiation and provide **Learner Facilitators** to assist children in class
- We don't just talk about Inclusive Education,
we DO it!





EMPOWERMENT

"An informed parent or caregiver becomes empowered, and empowerment leads to the best care of our children"

Our Empowerment Programme in 2022 included:

- Home visits for therapy and social welfare
- Home programmes via our Sabrina APP (in development)
- One-on-one parent meetings and support
- A Series of Parent Support Groups with the themes 'I can and I will' & 'A better me'
- Parent skills workshops in 2022
 - **How communication develops in children** presented by our Speech Therapy Consultant
 - **Picky Eating and Nutrition** presented by our OT and a dietician from Knysna Provincial Hospital
 - **An Introduction to Communication using Makaton** presented by our OT and one of our Class Leaders
 - **Wonderbag Parents Workshop** - energy saving cooking

A GROWING TEAM:

With an increase in the numbers of children with disabilities in the area and our Sabrina Love numbers on the rise we have had to increase our staff numbers and take on new therapists with skills and expertise in different areas.

- A Consultant Speech Therapist and Audiologist - **Bianca** (also our Social Media expert and photographer!)
- A newly qualified Occupational Therapist - **Kristen** (joined us from an NPO in Cape Town)
- A new full-time driver - Michael
- New Therapy Centre Manager

We also welcomed the wonderful **Kathryn** who moved back to Plett from the UK. She is a qualified Social Worker and Teacher who has extensive experience teaching children with disabilities. She comes with a wealth of knowledge and has spread her wings across the entire organisation.



COLLABORATIONS



social development

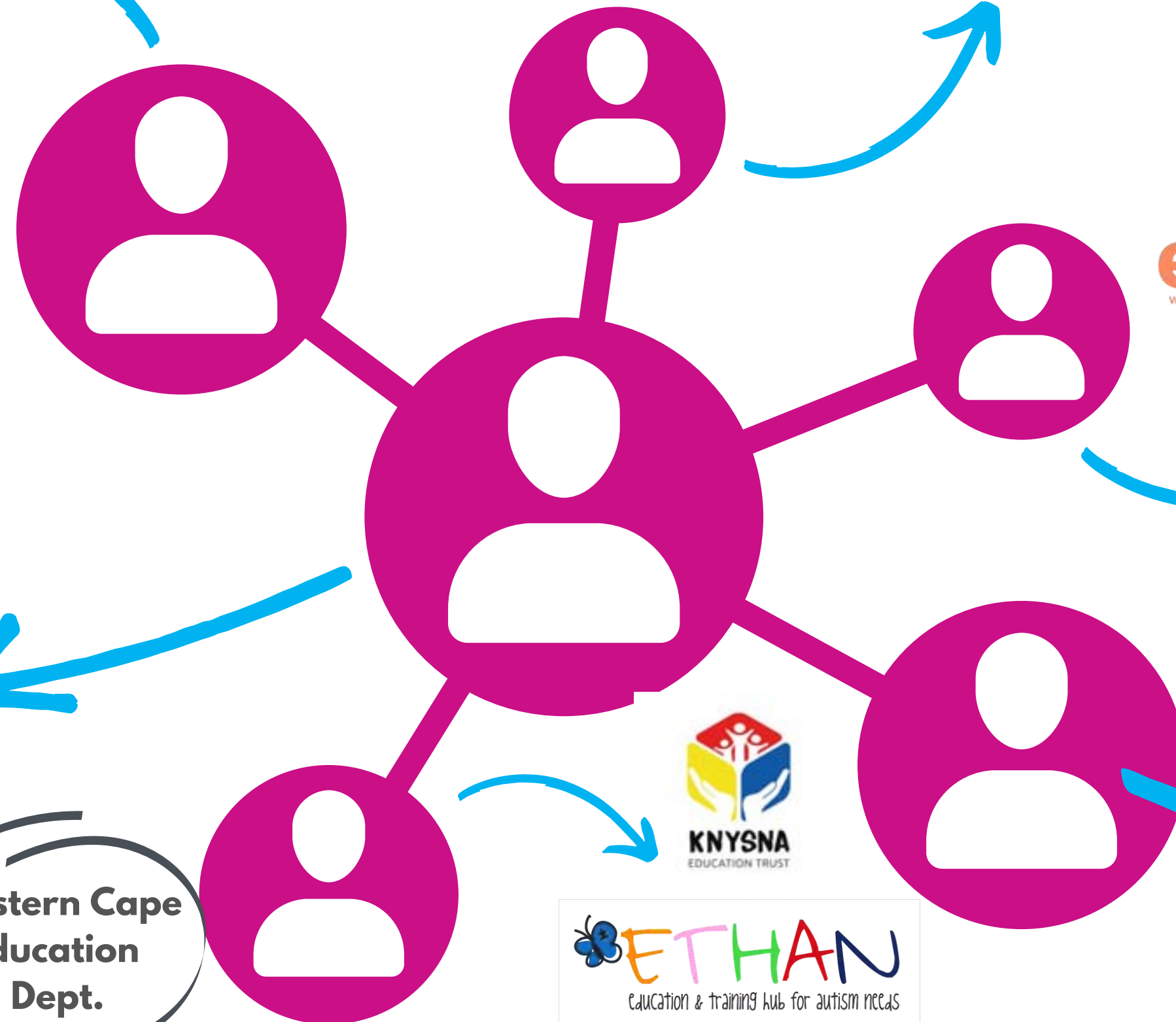
Department:
Social Development
REPUBLIC OF SOUTH AFRICA



Supporting Entrepreneurs in the
Hearing Industry
Fighting for Social Good



Kwanokuthula Primary School
Ambassador Model school for
Inclusive education



Knysna Provincial
Hospital Medical
Team

Local Clinic
Services

Inclusive
Education
Team

Regional
Disability
Team

Western Cape
Education
Dept.

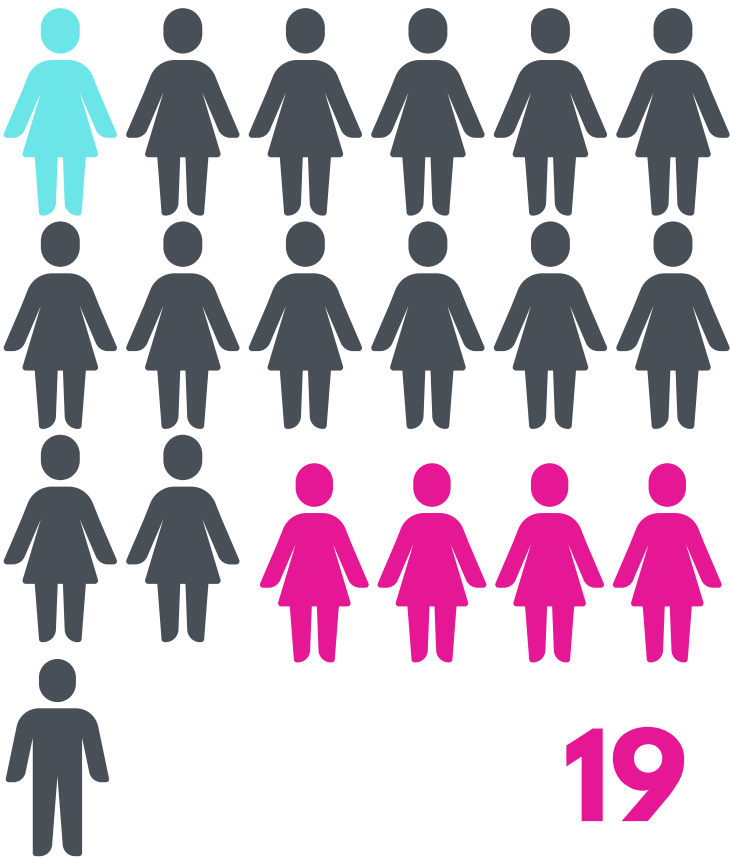


IMPACT

THERAPY & DAY CARE CENTRE

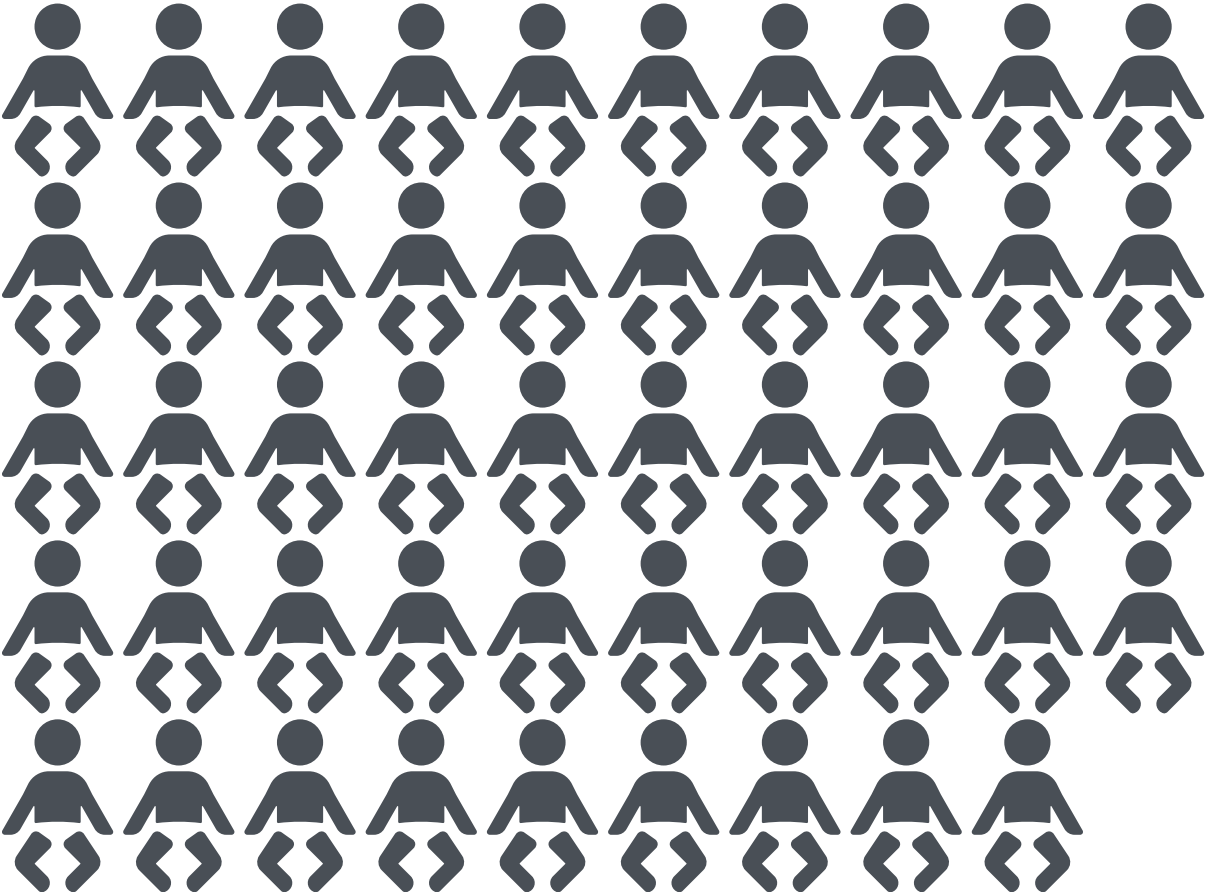
DIE STERREWEG

Staff



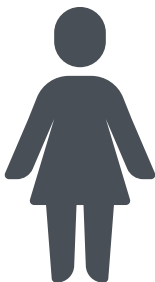
19

Children

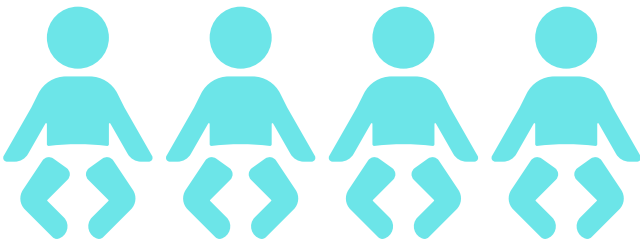


49

Average Care Ratio



:



DIE STERREWEG

End of 2022



Children on the
waiting list

20



Meals served
(breakfast and lunch)

18 070



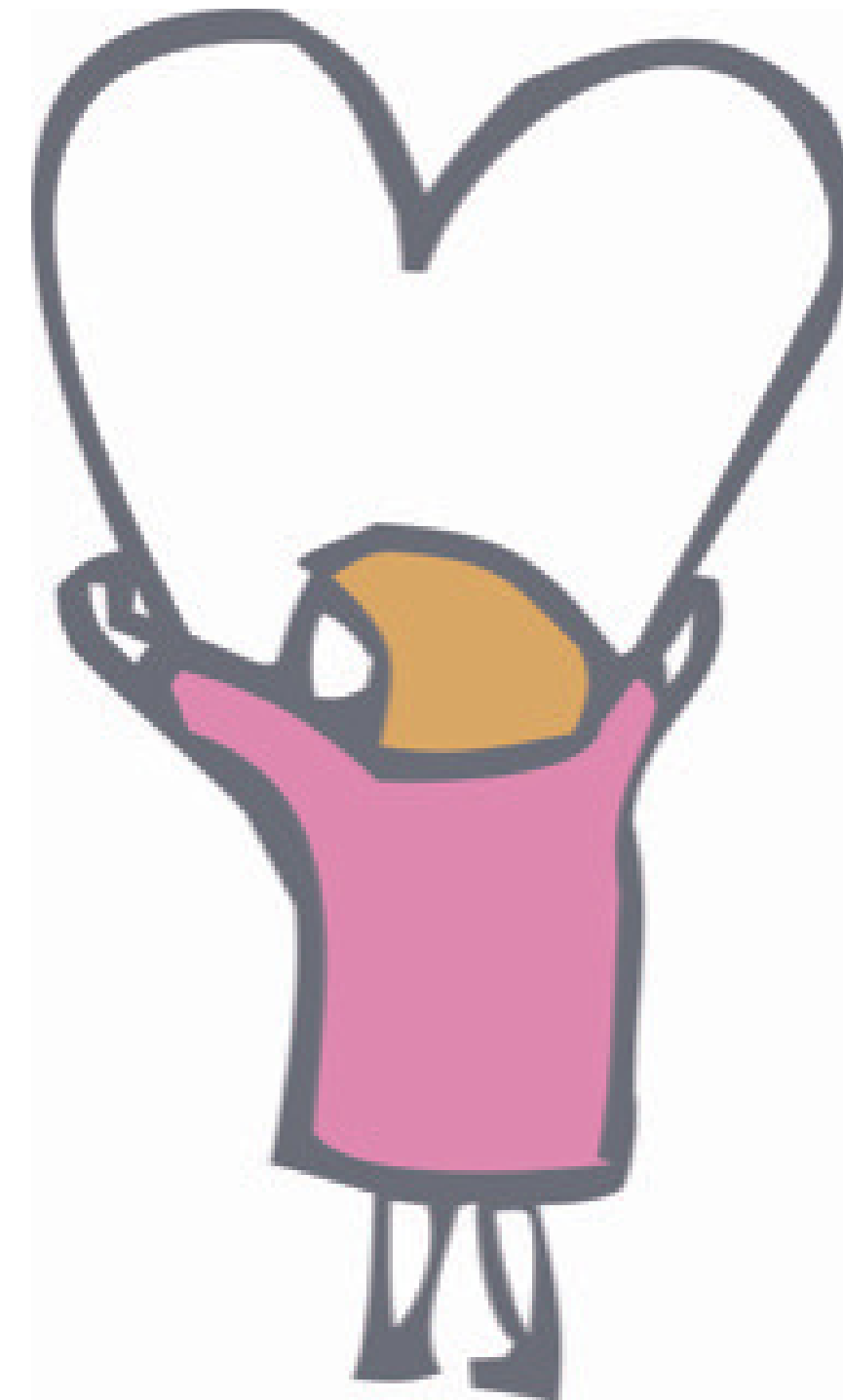
0-4s in our new
ECD classroom

9



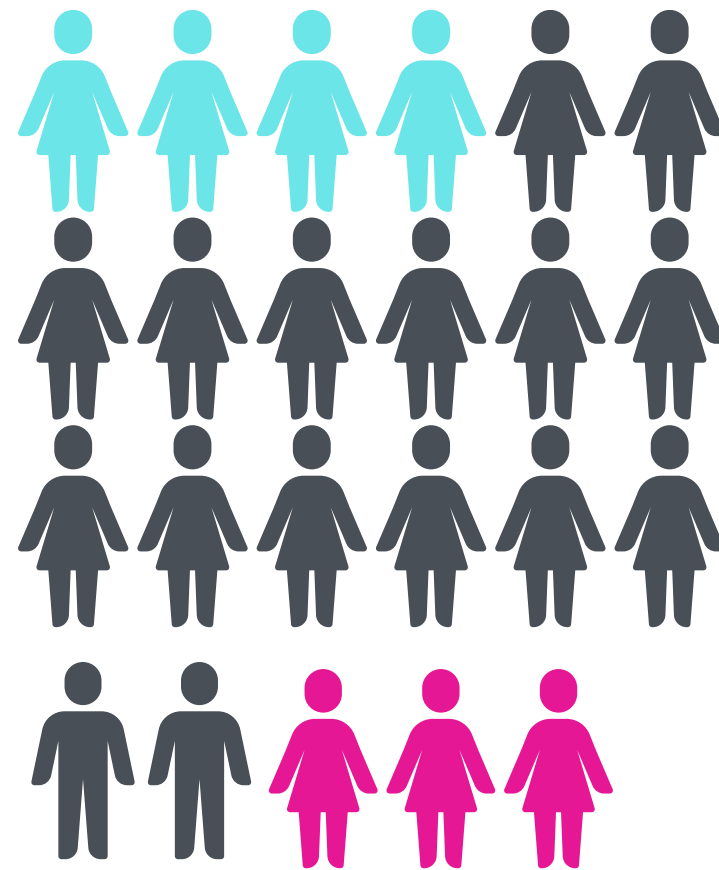
KM travelled by our
2 busses

332 974



OUTREACH PROGRAM

Staff



23

Children



135



OUTREACH

End of 2022



Number of children
with disabilities at
mainstream
schools/creches

29



Local Inclusion
Ambassador
schools and creches

6



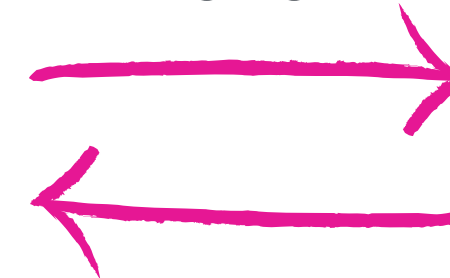
Fulltime Learner
Facilitators
in mainstream

14



Children we support with school &
hostel fees at Special Schools
including termly transport
to/from school

18



THERAPY OUTCOMES

OT-Physio-Speech-2022



Occupational
Therapy sessions

961



Physiotherapy
sessions

539



Speech &
Language Therapy
sessions

322



Group Therapy
sessions

184



School visits

42



Home visits

30



55

**Items of therapeutic
equipment issued for
home or school use**

**specialised wheelchairs
standing frames**

splints

walker horse

side-lyer

laptops

communication devices

therapy balls

sensory devices

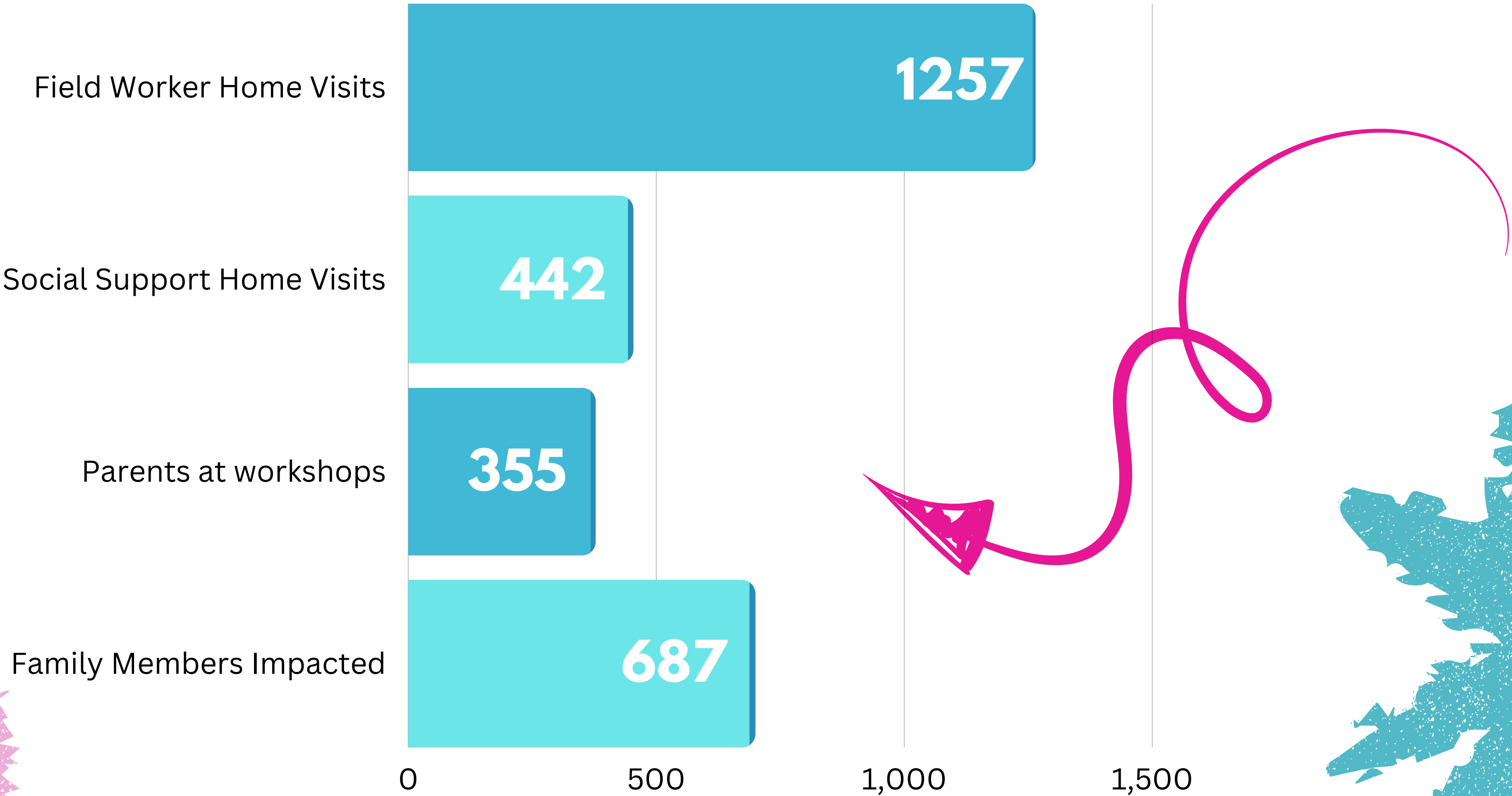
noise-cancelling

headphones

IRONMAN
4 the kidz
SOUTH AFRICA

Beacon Island
RESORT

COMMUNITY DEVELOPMENT 2022



NEW CHILDREN 2022

17
in the last
quarter

Number of new
assessments
accepted into
SLF
50

Number of new
assessments
not meeting SLF
criteria for intake
5



All new intakes,
assessments,
therapy sessions etc.
are logged on our
APP

Therapy home programme videos are
sent to parents via SMS which allows an
interactive platform for communication,
guidance and the transfer of therapy
into the child's home.

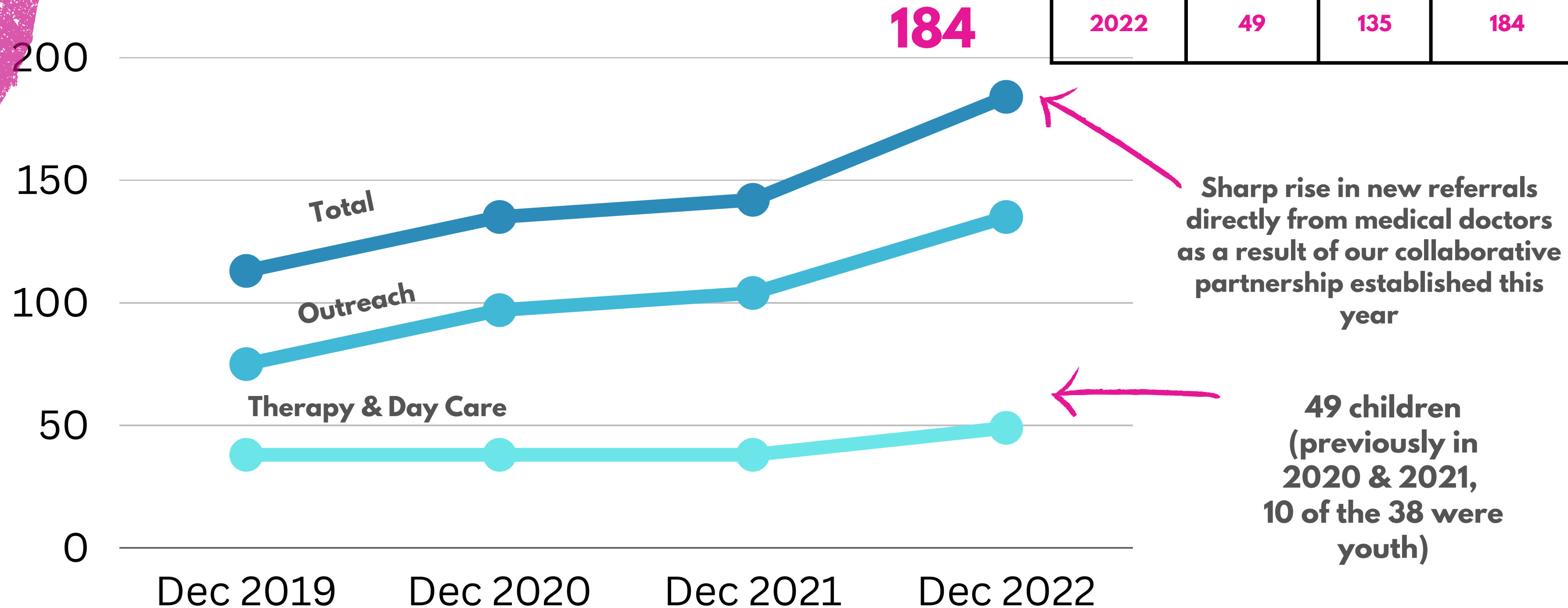




GROWTH TREND

Number of Children

Year	DS	SLF	TOTAL
2019	38	75	113
2020	38	97	135
2021	38	104	142
2022	49	135	184



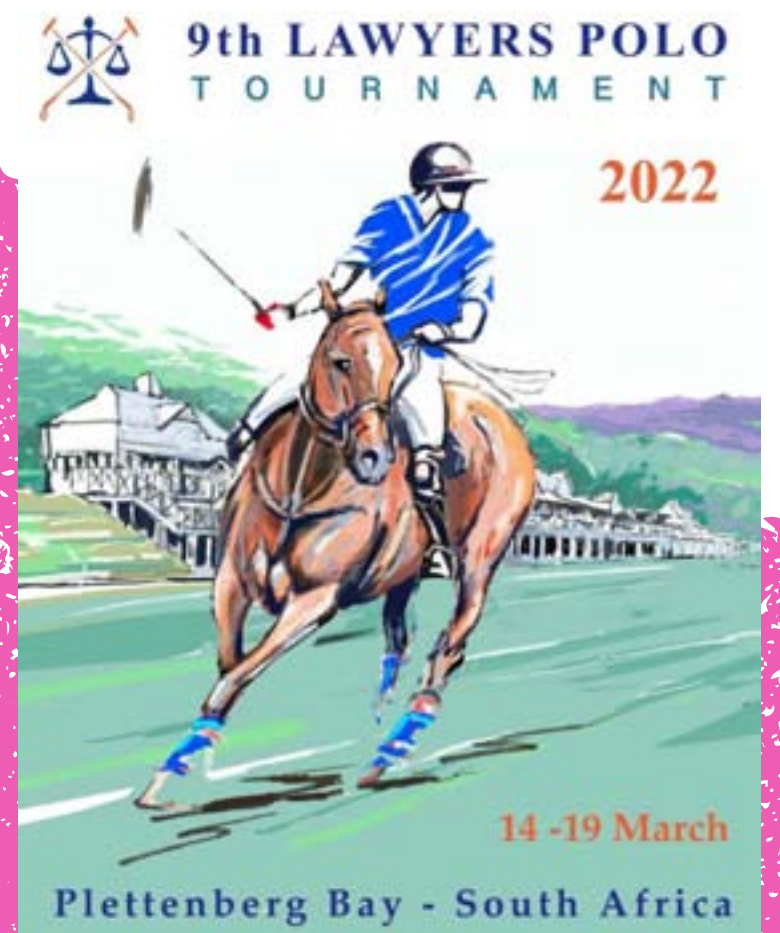


MEMORABLE MOMENTS

OUR NEW FIAT



Jubilee Foundation





AFRIKA TIKKUN

Sabrina Love Learner Facilitator Training Programme.

With our 18 years of supporting, treating and advocating for children with disabilities, and with our vision and experience of inspiring inclusion within schools, we presented our first workshop to 33 teachers, social workers and learner assistants from Afrika Tikkun in Cape Town - **An Introduction to Disability and Inclusion.**

Our take home message was from the work of Pudlas (2006). Too many training programmes tend to focus on the 'head' (theory) and the 'hands' (skills) with very little assessment of the 'heart'.



**True inclusion begins not with what we know (head) or what we can do (hands)
but with who we are (heart).**

MEETING DR SIGAMONEY NAIKER

Chief Director: Inclusive Education and Special Programmes
Western Cape Education Department



It was a privilege to meet Dr Naiker who accompanied a delegation to Plettenberg Bay.

Dr Naiker was instrumental in the writing of the Government White Paper 6 passed into law in 2001 - Building an Inclusive Education and Training System in South Africa.

We had the opportunity of sharing our work on Inclusion in mainstream schools with him. He was overwhelmed by our projects, learner facilitator programme and the number of children with disabilities that we support in local schools.

His parting words to us were.....

Never Give UP!



Come Dance with Me
was presented in 20
schools in the Knysna &
Plettenberg Bay area

Themes included:
acceptance
inclusion
kindness
overcoming barriers
changing attitudes

2023 will see a roll
out in Gauteng
schools in
partnership with
Afrika Tikkun

LUNCHBOX THEATRE

Inclusion Awareness
Campaign



OUR NEW ECD CLASSROOM

Early Child Development



**children under the
age of 4 years**

**Some of these children
rotate between
mainstream creche
environments on some
days and our therapy
day care centre on
others to optimise their
growth and learning**



AFRIKA TIKKUN SYMPOSIUM



On the 3rd of November, we were invited to attend and present at the annual **AT Disability Symposium**.

Our brief was to give an account of our Inclusion journey in Plettenberg Bay to date - the challenges, the successes, the barriers, the way forward with the inclusion of children with disabilities in mainstream education.

It became clear that **Sabrina Love** is at the forefront of Inclusive Education in South Africa - we are, perhaps, the only NPO tackling Inclusion **actively** in the country.

We were thrilled to share the stage with **Mr Faleni**, the Headmaster at Kwanokuthula Primary School, who is a passionate advocate of Inclusion.

We met and sat alongside the **National Minister of Inclusive Education, Mr Jabulani Ncgobo** and a **Minister from Woman, Children and People with Disabilities, Phuti Mabelebele**.

We look forward to Government officials visiting Plett and seeing the work that SLF is doing in terms of Inclusion. We have taken the White Paper 6 from 2003 and instead of just talking about it, we are doing it!



CASUAL DAY 2022

#ICelebrateSA
Friday
2nd September



2 NEW DEAF LEARNER FACILITATORS

Beauty and Charmilyn

Beauty has a history with Sabrina Love Foundation. She was a part of the Foundation as a child and then attended De La Bat School for the Deaf in Cape Town. Her story is an emotional one, having been sent to boarding school at the age of 6 years old.

Beauty is profoundly deaf. She uses Sign Language as her main mode of communication.

Charmilyn is also profoundly deaf and fluent in South African Sign Language.



H.I.P.

Hearing Impairment Project

Our Hearing Impairment Project began in January 2022 as an inspired response to the hearing needs of our community. This project has been run and led by the therapists and team at The Sabrina Love Foundation.

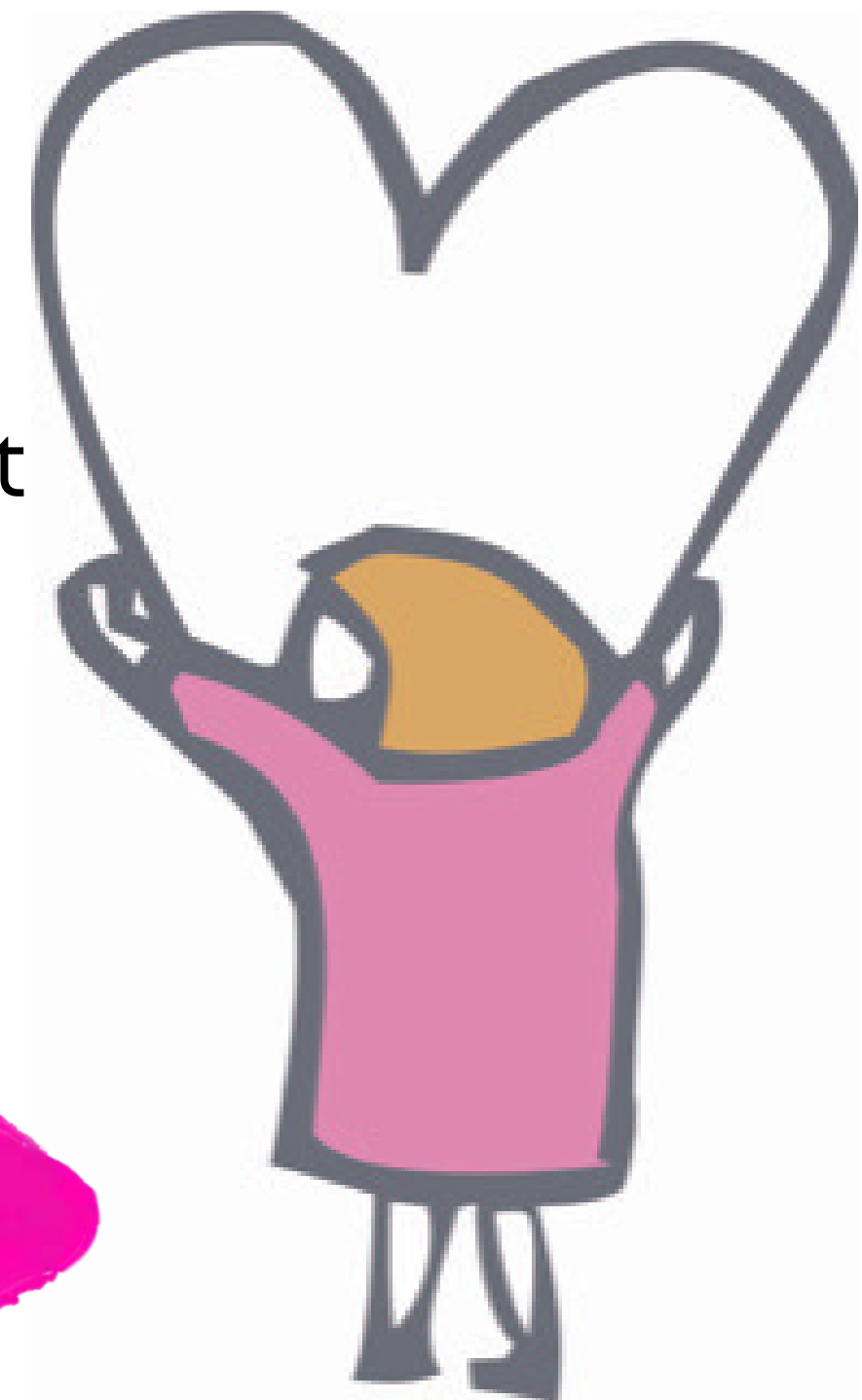
OUR GOAL IS TO PROVIDE PREVENTION, IDENTIFICATION, TESTING AND TREATMENT OF ALL CHILDREN AND YOUNG ADULTS IN THE BITOU AREA, ENSURING BEST PRACTICE AND INCLUSION WITHIN THEIR FAMILIES, COMMUNITY, AND MAINSTREAM LOCAL SCHOOLS.

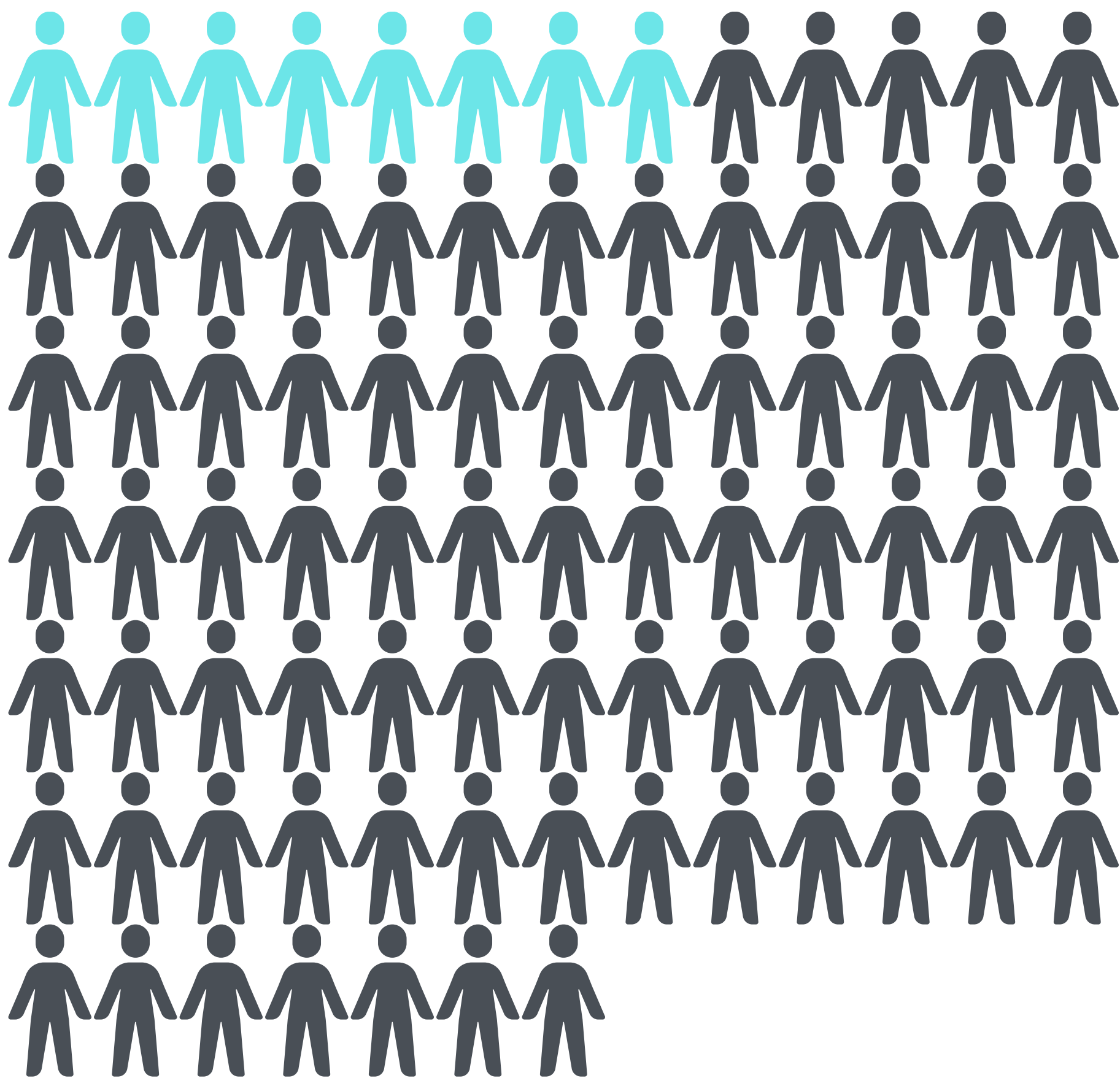


"HEAR THE CALL" OUTREACH 2022

Sabrina Love Foundation partnered with Entheos and eMoyo to provide a hearing loss outreach into Plettenberg Bay and Knysna. Teams of audiologists and volunteers arrived from the USA, and Johannesburg to test and fit hearing aids to as many individuals in the community in need.

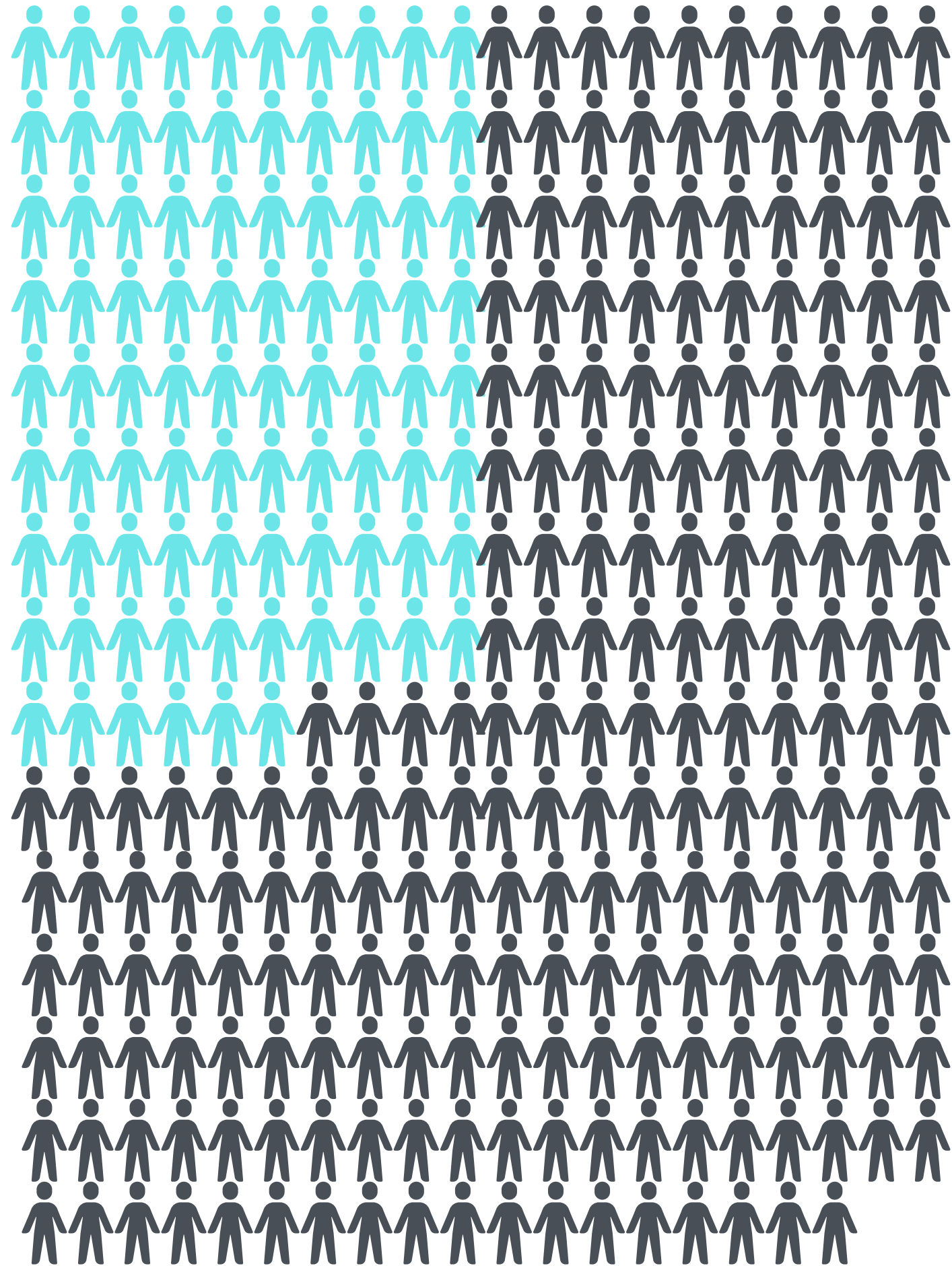
**HERE ARE SOME OF THE
RESULTS:**





HEARING AIDS CHILDREN

8 out of 85 children tested in 3
days required hearing aids



HEARING AIDS TOTAL

86 out of 298 people tested in
3 days required hearing aids

IMINATHI

Just one story

8 year old
attending
Kwanokuthula
Primary

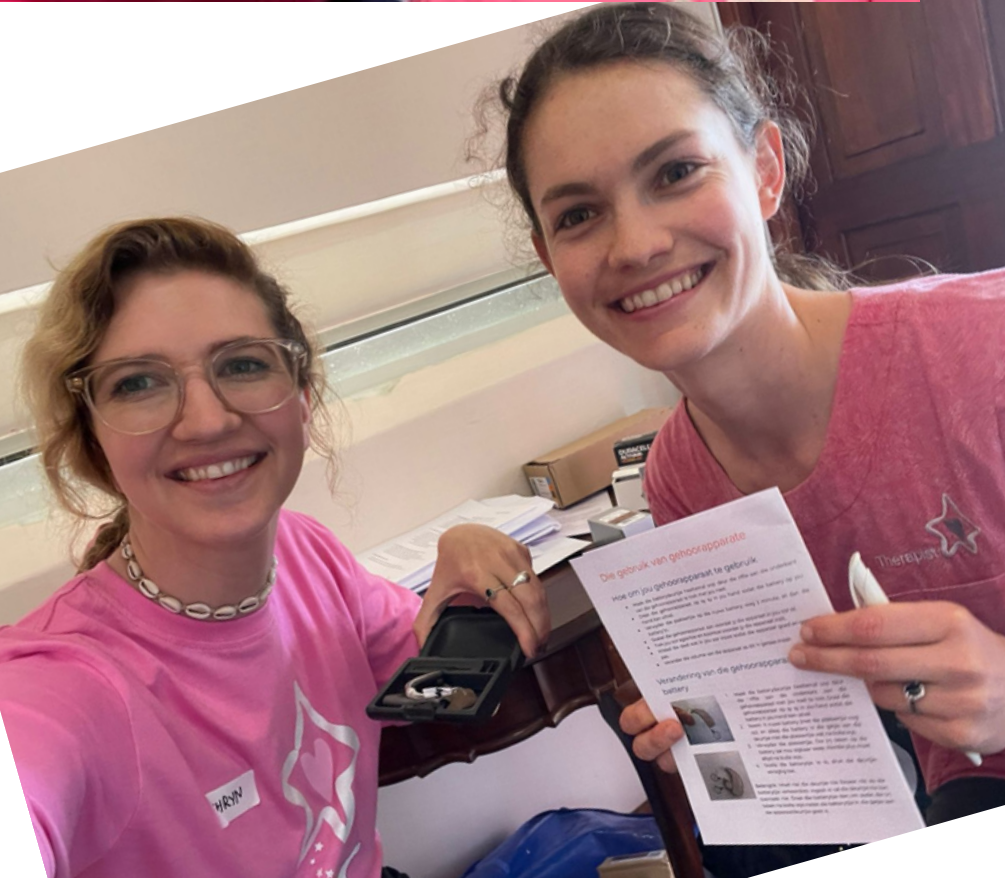
Fitted with her first
hearing aids

Her teacher is
astounded at her
academic
improvement in the
last term of 2022





HEAR THE CALL OUTREACH 2022



Take a look at the 'Hearing Smiles'

(the first time a person hears after the fitting of hearing aids)



FUNDING



FINANCIAL SUMMARY

INCOME 22/23

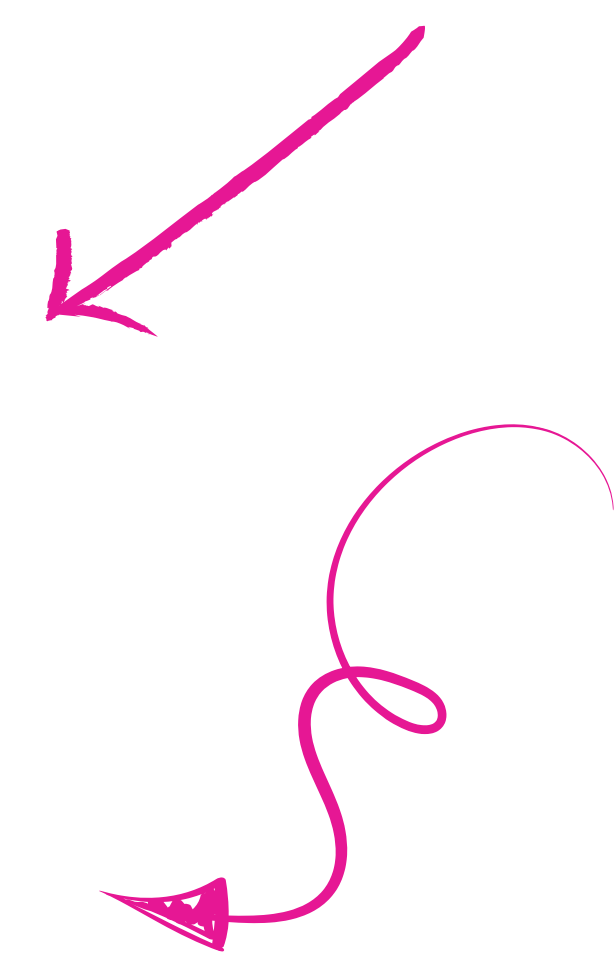
Donations	1 210 202.18
Government (D.S.D)	1 096 254.00
Events & Merchandised	788 138.60
Total Income	3 094 594.00

RUNNING COSTS 22/23

Admin, Marketing and Advertising	413 035.09
Holistic Care, Therapy & Awareness	2 172 821.72
Salaries	3 495 020.89
Transport & Fuel	194 582.72
Other	138 955.48
Events & Merchandised	430 776.06
Total Expenses	6 845 191.97

Shortfall

3 750 597.97



VISION

2023

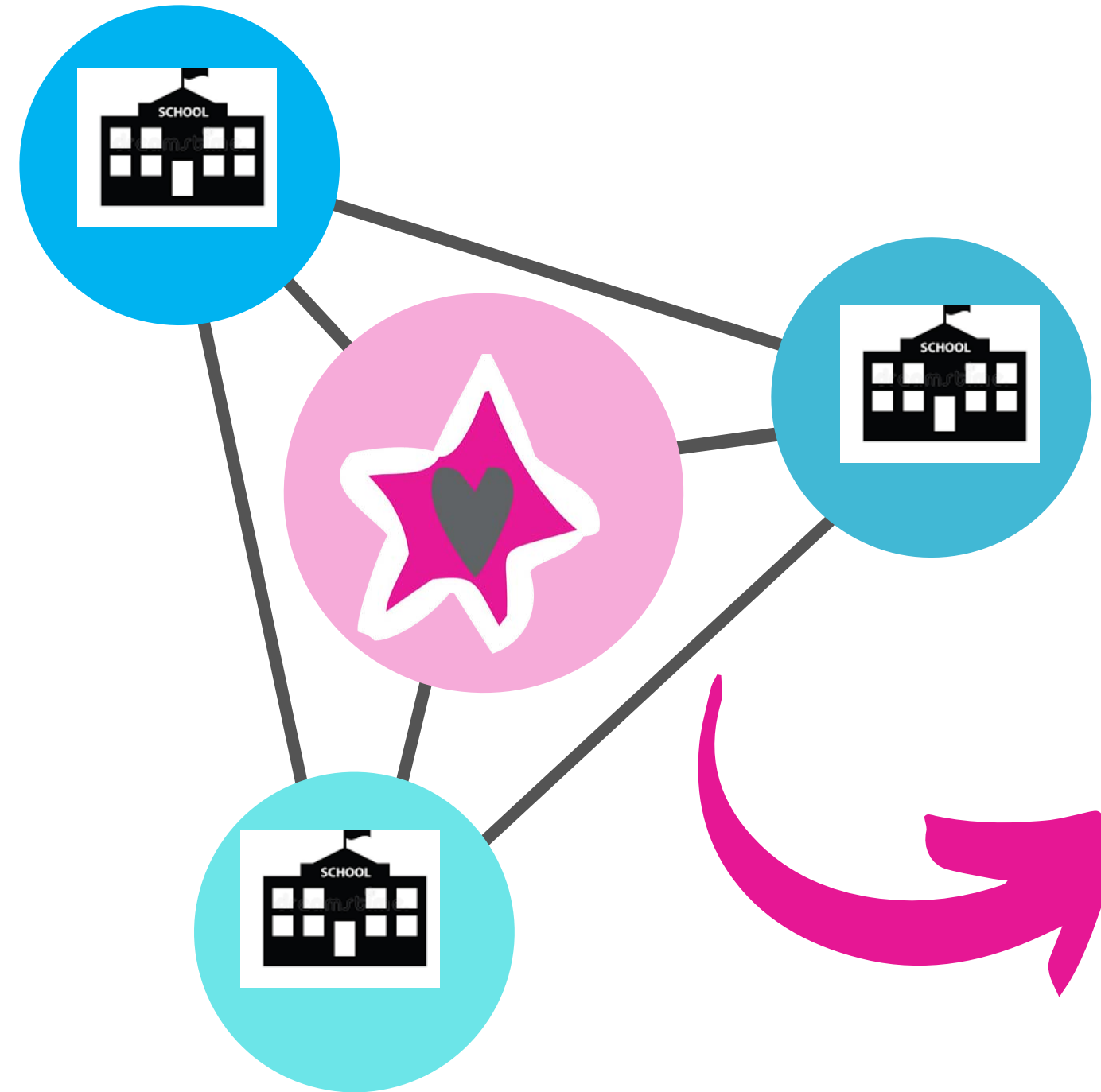
THE ROAD AHEAD



MAINSTREAM SCHOOL INCLUSION PILOTS 2023

**Kwanokuthula
Primary**
12 Children
6 Learner Facilitators

**Plettenberg Bay
Primary**
1 Child with 1 Learner
Facilitator



**Formosa
Primary**
2 Deaf Children
1 Hearing Signing
Learner Facilitator





2023

- **Boost our Inclusive Education Programme** - More children with disabilities in mainstream schools
- **Upscale our Inclusive Education Programme on a national level**
- **Kick start our Learner Facilitator Internship Training Programme** - Teach the teachers
- **Accreditation** of our Learner Facilitator Programme
- **Expand the team** to include additional specialised therapists and facilitators
- **Growth of our Hearing Impairment Project**
- Explore and facilitate **parent employment opportunities** - stakeholder partnerships to increase entrepreneurship programmes in the community
- Complete design, testing and implementation of our **Sabrina Love cellphone APP**
- **COLLABORATION & FUNDRAISING to make all of this happen**

3 YEAR STRATEGY

- Establish a Training Facility to train Learner Facilitators - job creation
- Increase the size and capacity of our Day Care Centre
- Build a world-class Therapy Facility for our children and the community
- All made possible by the move to Sabrina's Farm in 2023
- APP as an income generator
- Engage actively with Government Agencies and other Inclusive Education Stakeholders - working TOGETHER towards Inclusion in Mainstream

- **CASH FLOW REQUIREMENTS (3 years)**

- Farm purchased
- Phase 1 Therapy Centre, Food Hub Canteen, Grace Lands, Therapy Gym
- Phase 2 Great Hall Training Centre, Green House, Hen House
- Phase 3 Hydrotherapy, Stables
- Operating costs (6.5 million + 15%/annum)

R12 million

R6 million

R3.8 million

R22 million

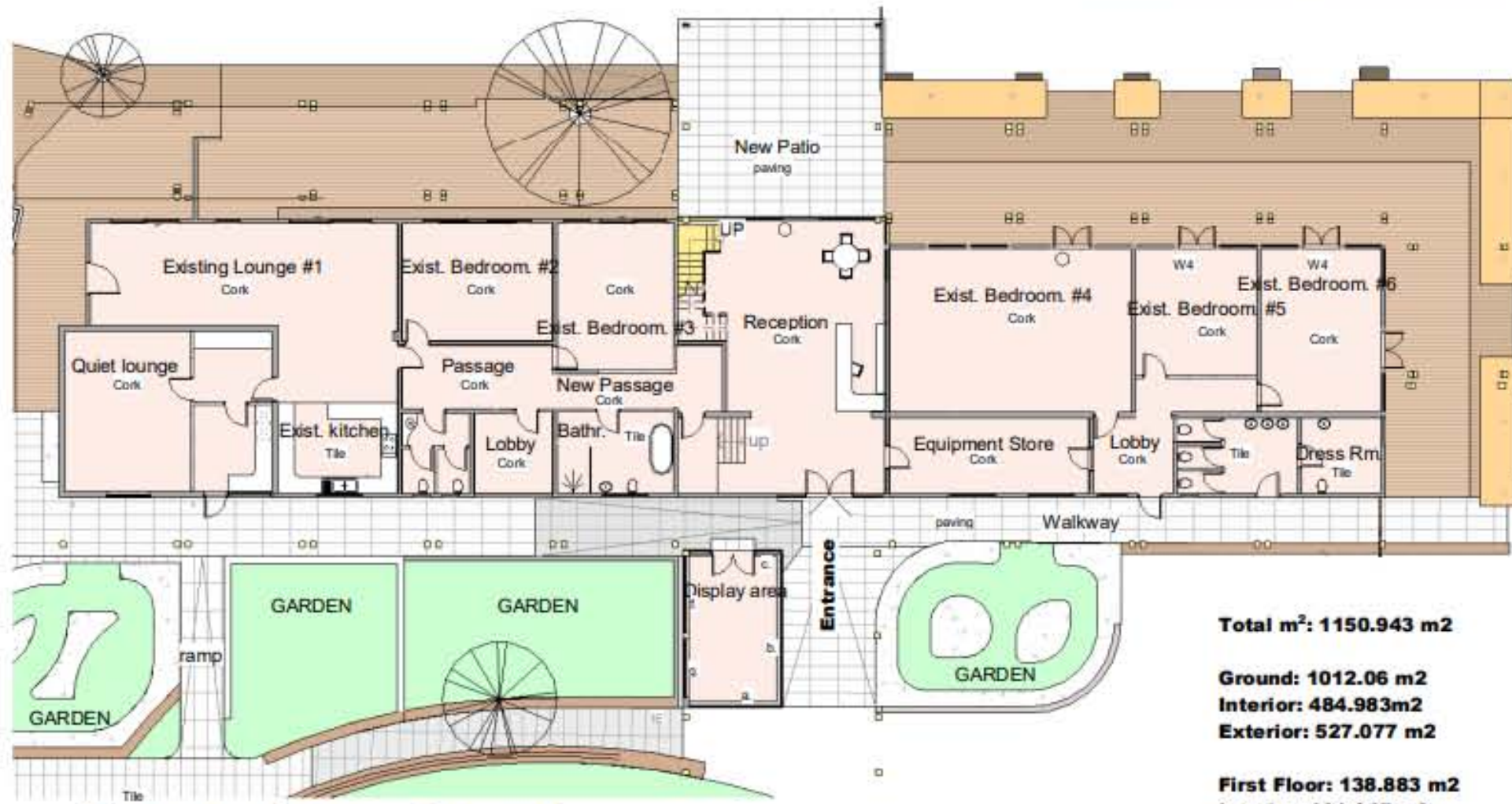


SABRINA LOVE FARM

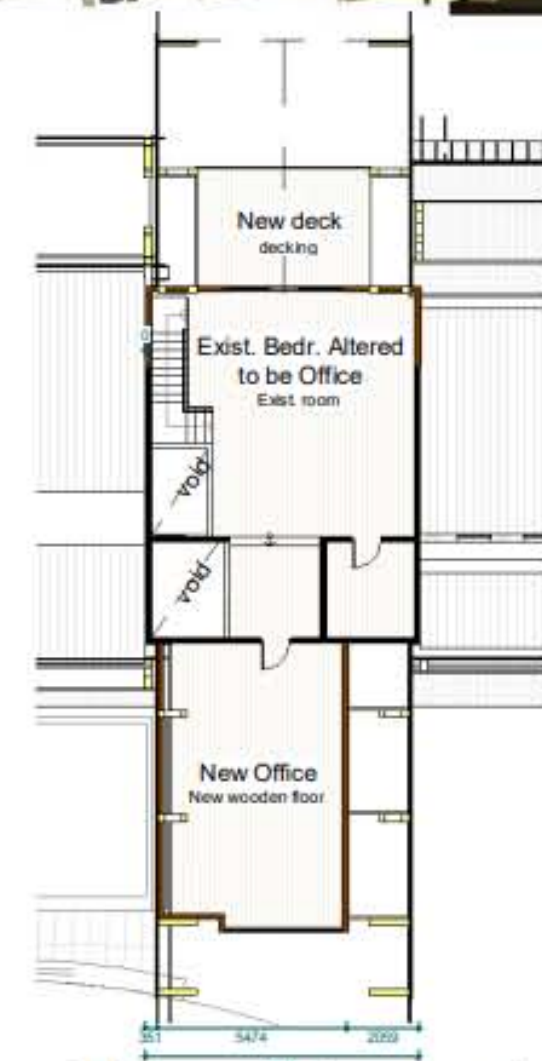
A place of wellbeing, a hub for professional therapeutic services, and a care model for children with disabilities, their families and the greater community



4 spacious functional classrooms
 Decked partitioned outdoor classroom extensions
 Toy/resource library
 Snoezelen multi-sensory room
 Therapy & consultation rooms
 Disability adapted bathroom facilities
 Admin block with board/training room



1 Therapy Center Ground
 1 : 200



2 Therapy Center 1st. Floor
 1 : 200

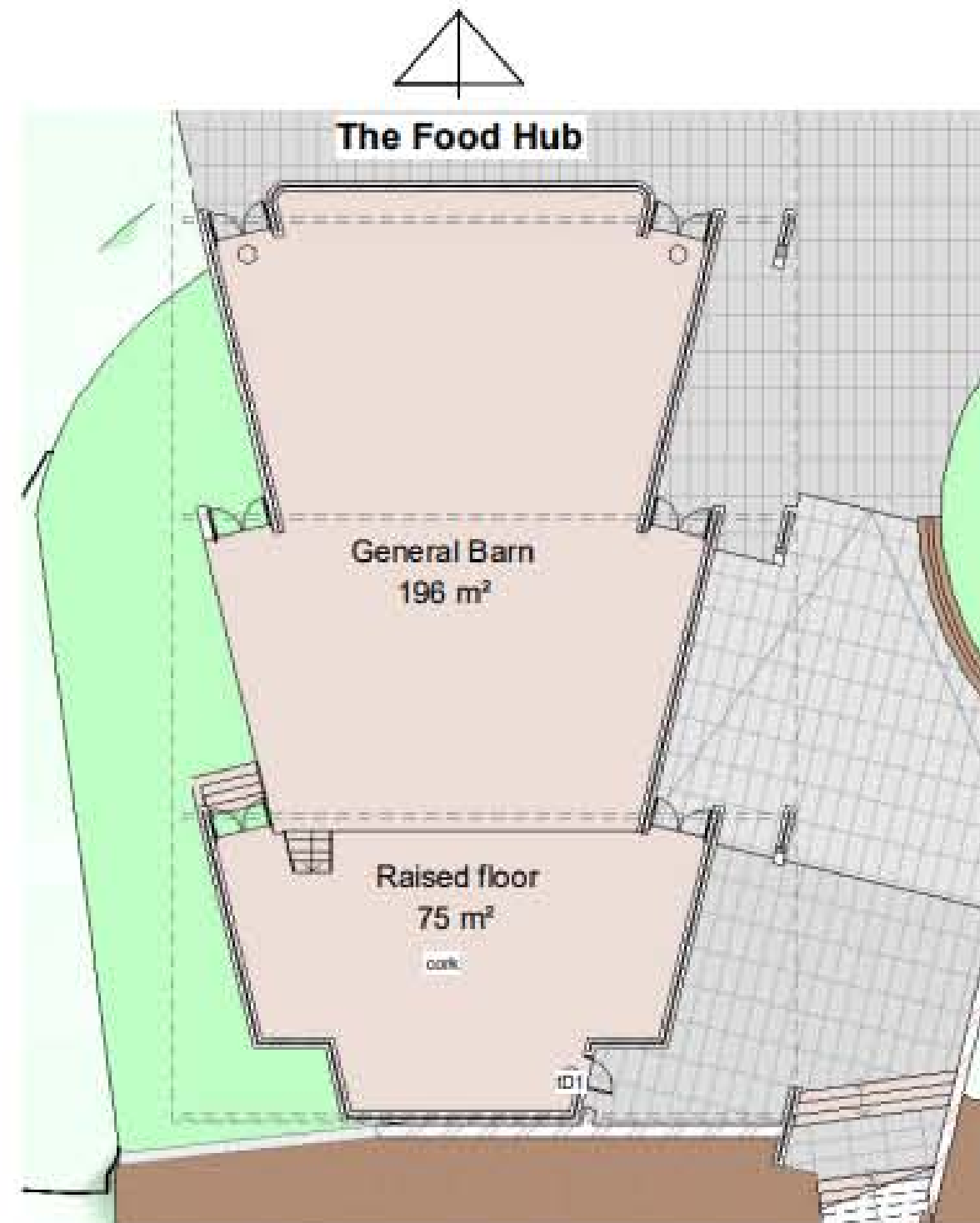
The Food Hub: 484.49 m²
Interior: 305.59 m²
Exterior: 178.9 m²

The nutritional heart of Sabrina's Farm
where children, carers and families can
eat together and learn important social
and functional skills.



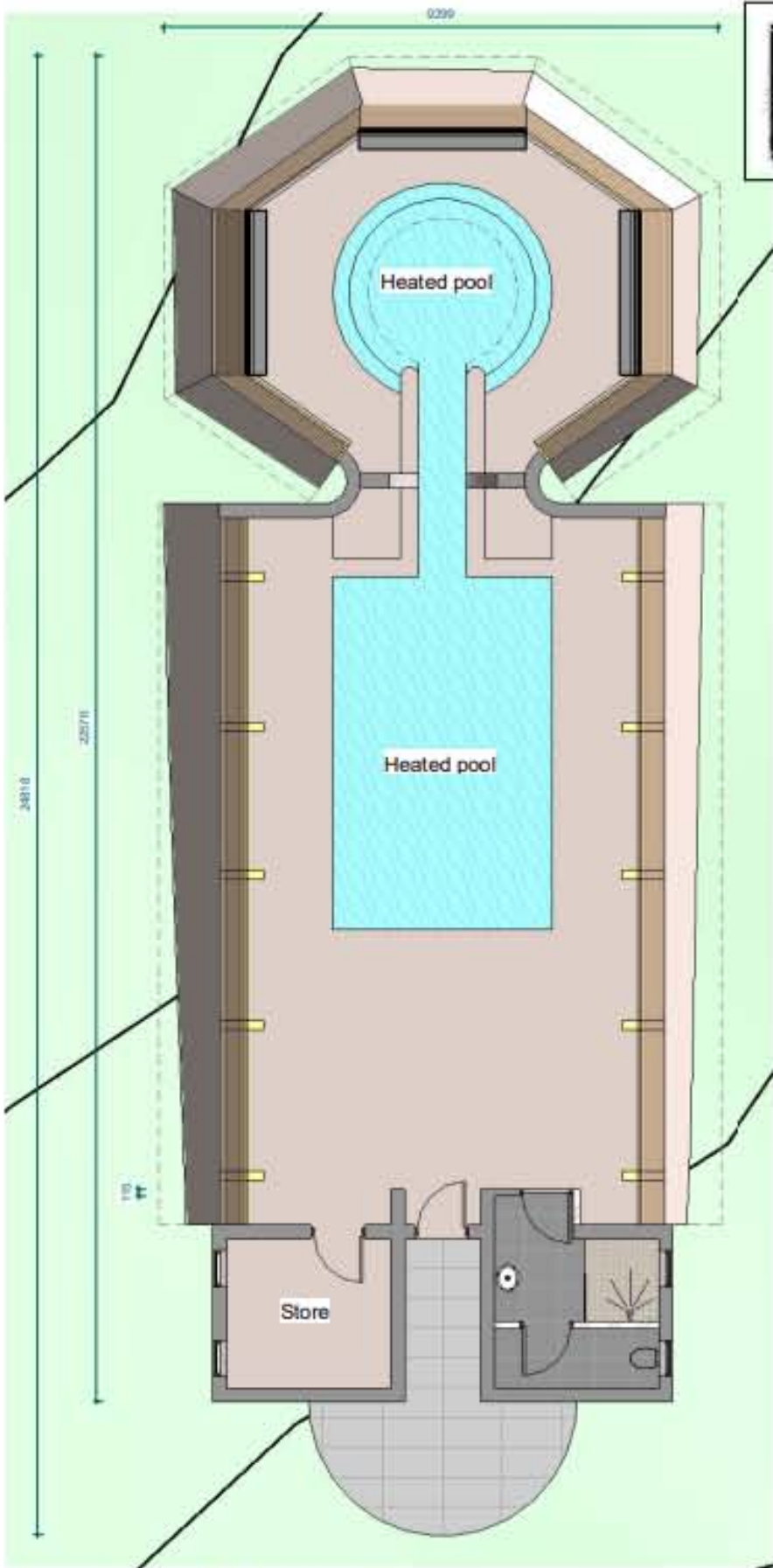
The Great Hall of Learning

The Great Hall of Learning: 271 m²



**A multi-functional
space for learning,
skills development,
parent support
meetings
creativity, dance
and theatre.**





paul oosthuizen architects cc

dulcy centre, cnr. jackson & high str. plettenberg bay, 6600
t +27(0)44 533 6381 f +27(0)44 533 6389
paul@pauloosthuizen.co.za

SAIA 7540 / SACAP 6259

project:

dwg.	
scale	
drawn by	
checked by	
date	

The Water Temple

Water Temple: 189.21 m2
Interior: 177.82 m2
Exterior: 11.485 m2



The Water Temple



The Water Temple - Sectional Perspective



1 The Water Temple
1 : 100











LEARNER FACILITATOR TRAINING PROGRAMME



Moving forward with
Inclusive Education for
Children with Disabilities in
South Africa

The Sabrina Love Foundation Learner Facilitation Programme

- We partner with **7 local mainstream primary schools and creches**. These partnerships with our 'Inclusion Ambassador schools, has been a process of negotiation, advocacy, building trusting relationships of support and the provision of essential technology resources.
- We also provide a vital element which is missing from all government guidelines, strategies and planning documents - **Learner Facilitators**.
- Without the provision of Learner Facilitators, we would never have been able to convince schools to take our children, the disabled children would not have been able to access learning in the manner in which they have *and* the schools, teachers, peers and parents would not have had the **invaluable experience of diversity** within their schools.
- Our **team of therapists** has trained our staff by providing practical workshops, theoretical modules and on-the-job experience in classrooms.
- We have **14 fulltime Learner Facilitators** at present both male and female
- All Learner Facilitators have matric or the equivalent NQF level 4 and some have NQF level 5/6 in Early Childhood Development.
- The Sabrina Love Foundation has found that it is more important that the individual's chosen for our learner facilitator programme have passion and the right temperament to work with children with individual needs and disabilities rather than any formal education.



Our Learner Facilitator Programme

The Sabrina Love Foundation has been training its own team of Learner Facilitators for many years. In 2022 we initiated this training programme with teachers, teachers assistants and social workers from AfrikaTikkun. Our goal is to upscale our Training Programme and proceed with the accreditation process in collaboration with AfrikaTikkun and the University of Stellenbosch.



Level 1

- Introduction to the brain and child development
- Introduction to disabilities
- Introduction to Inclusion

Level 2

- Inclusion in the classroom - deep diving into disability
- The classroom facilitator - roles and responsibilities
- Facilitating challenging behaviour

Level 3

- The CAPS curriculum - accessing for disability
- Curriculum differentiation
- Goal setting for the child with disabilities
- Cognition, Gross and Fine motor skills in the classroom

Level 4

- Additional Modules
 - Basic South African Sign Language
 - Technology for Inclusion

Practical Internship

IN GRATITUDE



OUR HEARTFELT THANKS FOR A WONDERFUL YEAR

Thank you



- Department of Social Development
- Iron Man 4 Kids
- Discovery
- Lubner Family Foundation
- Jubilee Foundation
- Afrika Tikkun
- Dischem
- Grandmark
- Belron, Entheos, Emoyo
- Beacon Isle Hotel
- FNB Plettenberg Bay
- Lunchbox Theatre
- Faithful Monthly Donors





**Follow us on Facebook
and Instagram
to see more**



**Website to donate
now**



**To learn more about
H.I.P.
(Hearing Impairment
Project)**

